



FONSECA CUP

KARATE TOURNAMENT

NOVEMBER 2, 2024

CHICAGO, IL, USA



COMPETE AMONG CHAMPIONS

#FonsecaCup2024

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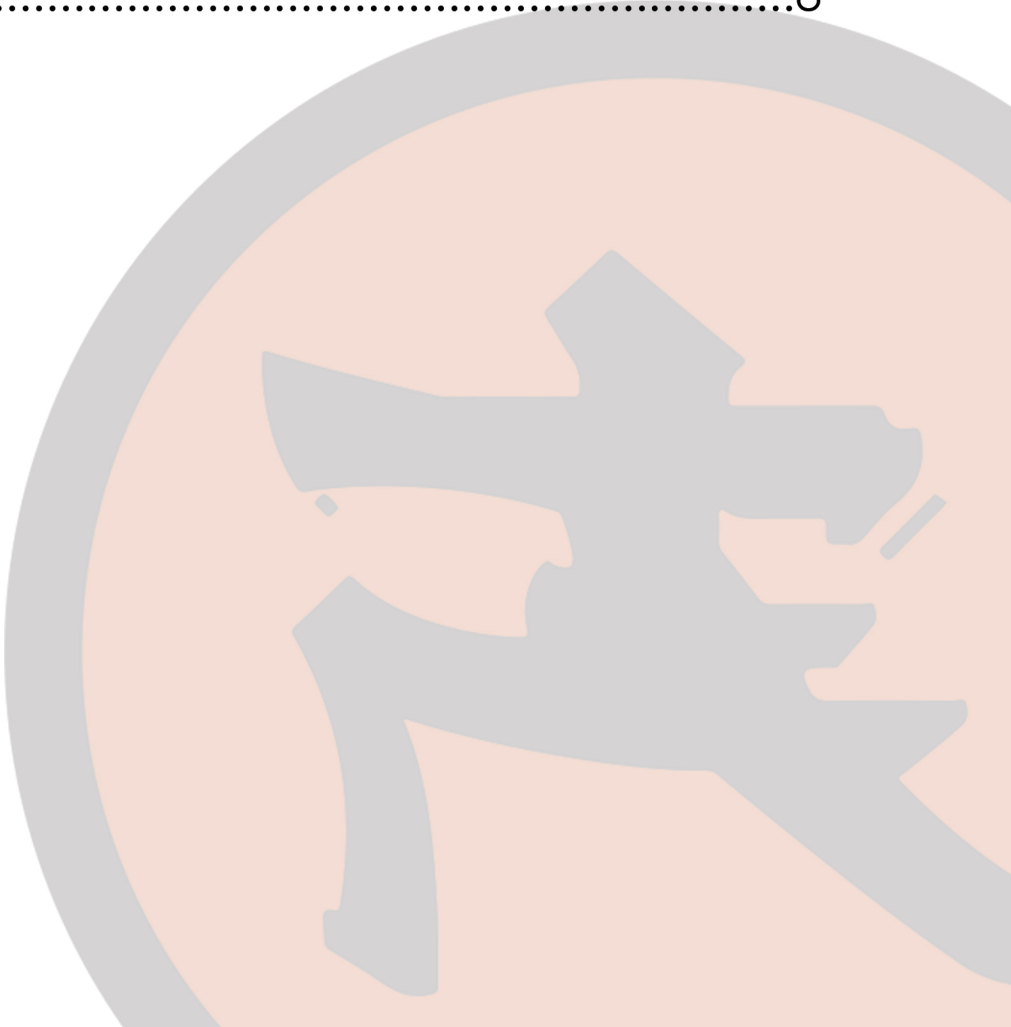
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WELCOME

Dear Sensei, Athletes, Coaches, and Parents,

Fonseca Martial Arts would like to cordially invite you to the 11th Fonseca Cup, held on November 2, 2024 in Chicago, Illinois. This event began in 2011 as a high level competition for karate athletes of all ages and skill levels from all over the globe.

In the past, the Fonseca Cup has drawn in competitors from the Chicagoland area, as well as top competitors from across the country, Japan, Puerto Rico, Columbia, Senegal, Venezuela, Chile, Hawaii, the Dominican Republic, and Canada. This year, we hope to increase national and international participation in both our junior and elite divisions, while providing another efficient and professionally run event for all competitors.

Along with AAU individual and team divisions in kata and kumite, we are offering WKF individual divisions for brown and black belts. We hope to encourage many of America's up-and-coming athletes to compete at our event as they pave the road for future generations of karateka.

Please note that all registration will be done online through Uventex. Registration details and more can be found within this bulletin. Please do not hesitate to contact Fonseca Martial Arts if you need any assistance.

Kind Regards,



John Fonseca

Owner, Fonseca Martial Arts

GENERAL INFORMATION

DATE: Saturday, November 2, 2024

LOCATION: Park Center
2400 Chestnut Ave, Glenview, IL 60026



TIME: Doors open at 8am, Tournament at 9am
Visit our website or check your Uventex account for the latest times for every division.

We recommend arriving no later than 60 minutes prior to your division start time to allow warm-up time and to familiarize yourself with the venue.

CATEGORIES

A complete list of categories may be found while registering through Uventex

AAU KATA Beginner, Novice, Intermediate, and Advanced for Ages 5 and under through 45 and over.

AAU KUMITE Beginner, Novice, Intermediate, and Advanced for Ages 5 and under through 45 and over.

WKF KATA Brown and black belt divisions for Ages 10-11 through 18+

WKF KUMITE Brown and black belt divisions for Ages 10-11 through 18+

PARA KARATE (KIAI) Kata and Kihon divisions (WKF)

KICK OUT PD (Karate for Parkinson's) Kihon and Kata Divisions (AAU)

LITTLE DRAGONS (FMA Students only 4-6) Kihon and Kumite Divisions (AAU)

TEAM Kata & Rotational Kumite (AAU)

EQUIPMENT

Kata Equipment: White uniform (gi), belt (obi)

AAU Kumite Equipment: White uniform (gi), belt (obi), karate fist guards, shin guards, mouth guard, chest protector (optional), headgear with face shield (optional), and groin cup (males, optional)

WKF Kumite Equipment: White uniform (gi), belt (obi), USA Karate approved fist guards, USA Karate approved shin/instep guards, mouth piece, and groin cup (males, optional)

REGISTRATION

AAU individual events
1 event: \$65
2 events: \$100

KIAI Divisions
1 event: \$50

WKF individual events
1 event: \$100
2 events: \$165

Kick Out PD
2 events: free

Team events
\$50 per kumite individual
\$150/team for kata

Little Dragons
2 events: \$70

Registration Deadline: October 27, 2024 at 11:59pm CST

Late registration fee of \$30 after October 21

There will be NO at-the-door registration.

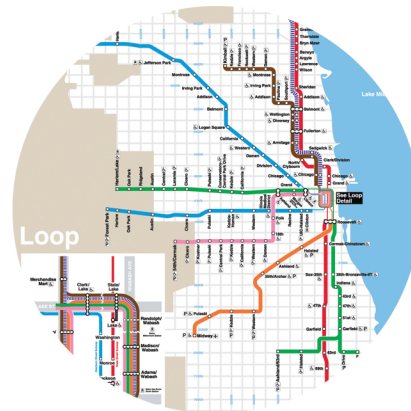
Spectator admission: \$10 (ages 13+), children are free

For more information, call the FMA office at 847.866.0200 or email info@fonsecamartialarts.com

TRAVEL

Chicago, Illinois is a bustling city filled with things to do. Chicago O'Hare International Airport (ORD) is the best airport to fly into. Chicago's Midway Airport (MDW) is another option.

Taxis and other rideshare options are available from both airports to the entire city. There is also the CTA train system from both airports that will take you to the Chicago's metro area.



VISA

If you would like to request a personal invitation for Visa purposes, please follow these steps:

1. Register yourself and your athletes at fonsecacup24.myuventex.com
2. Email your receipt to info@fonsecamartialarts.com along with the following information:
 - a. Names of visitors as they appear on passports
 - b. Passport numbers and expiration dates
 - c. Country of origin
 - d. Dojo, club, or federation name

If you are unable to obtain a visa, FMA will reimburse your registration fees (must show proof of denial).

US VISA WEBSITE • travel.state.gov

HOTELS

The Glen Club

1.1 miles to tournament venue
2901 West Lake Ave
Glenview, IL 60026
847-724-7272

Sheraton Chicago Northbrook

2.8 miles to tournament venue
1110 Willow Rd.
Northbrook, IL 60062
847-480-1900

Renaissance Chicago Glenview

3.9 Miles to tournament venue
1400 Milwaukee Ave.
Glenview, IL 60025
847-803-9800

Hilton Chicago Northbrook

4.6 Miles to tournament venue
2855 Milwaukee Ave.
Northbrook, IL 60062
847-480-7500

Airbnb

[airbnb.com](https://www.airbnb.com)

There are many hotel options in the city of Glenview and surrounding areas. We suggest the above hotels and rental services for convenience to the tournament and Chicago fun.

CHICAGO

Chicago is a vibrant city with many things to do for all ages. Here are a few things to do while you enjoy your stay in The Windy City.



NAVY PIER

Originally named Municipal Pier No. 2, Navy Pier was the first of its kind to combine the business of shipping with the pleasure of public entertainment. The 292-foot-wide Pier, 'built by the city for the people,' is the largest in the world, projecting east 3,040 feet into Lake Michigan. It remains the longest public pier in the world today.



MILLENNIUM PARK

Discover a state-of-the-art collection of architecture, landscape design, and art that provide the backdrop for hundreds of free cultural programs including concerts, exhibitions, tours, and family activities. In Millennium Park, you'll find a new kind of town square – a lively, spectacular gathering spot located in the heart of the city and a destination for Chicagoans and visitors alike.



THE MUSEUMS

Chicago is home to 56 museums. In fact, there's even a "Museum Campus" along Lake Michigan that hosts some of the big players like The Shedd Aquarium, The Adler Planetarium, and The Field Museum. Other notable museums around town include The Art Institute of Chicago, The Chicago History Museum, The Museum of Science and Industry, and The Museum of Contemporary Art.

CHICAGO



THE SKYDECK AT WILLIS TOWER

Originally named The Sears Tower, the newly re-named Willis Tower is the tallest building in the Western Hemisphere. At 1,353 feet in the air, the Sky-Ledge's glass boxes extend out 4.3 feet from the Skydeck, allowing visitors to see as far as four states away, not to mention the beautiful city of Chicago from a truly unique perspective.



GARFIELD PARK CONSERVATORY

Chicago's Garfield Park Conservatory is one of the largest and most stunning botanical conservatories in the nation. Often referred to as "landscape art under glass," the Conservatory showcases thousands of plant species from around the world throughout eight indoor display gardens. Year-round, visitors can enjoy the lush flora and tropical temperatures indoors, or more than 10 acres of outdoor gardens, nature play spaces for children, water lily pond, and much more.



THE LINCOLN PARK ZOO

Founded in 1868, the Lincoln Park Zoo is among the oldest zoos in North America. It is also one of a few free admission zoos in the United States. The Lincoln Park Zoo houses over 1,100 animals from some 200 species, including polar bears, lions, penguins, reptiles, monkeys, and more. Also located in Lincoln Park Zoo is a burr oak tree which dates to 1830, three years before the city of Chicago was founded.